

What to Bring to Camp Squeah

Clothing:

- Running shoes
- Hiking boots (for hiking in the woods and wet weather)
- Rain gear in the event of inclement weather
- Indoor shoes/slippers (for inside the main Squeah Lodge)
- Hat (to keep off the sun)
- Modest swimming suit (if swimming in the pool)

Bedding:

- Sleeping bag
- Pillow

Miscellaneous:

- Toiletries
- Towel
- Flashlight/Head lamp
- Sunscreen (if swimming in the pool)
- Backpack (for hiking)



Optional:

- A good book or magazine to read
- Musical instrument (there are pianos on site available to play as well)
- Water bottle
- Money for canteen and/or t-shirts
- Camera

Recommended not to bring:

- iPods or other electronic sound equipment (these devices tend to go missing and detract from the overall experience of being at Camp Squeah)
- Cell phones (we have no cell phone reception at Camp Squeah)
- Laptops (there is no wireless internet connection available on site)

*What **NOT** to bring:*

- Alcohol (prohibited on site)
- Illegal drugs
- Inappropriate reading/viewing material or media
- Knives and/or weapons or toys that shoot projectiles (air-soft guns; paintball guns; bb guns)
- Candy (food in the cabins attract mice)
- Fireworks or firecrackers or any substance that could damage or ruin camp property or facilities (e.g.: Silly String)

